

FEATURES

1. Ketone Breath Detection Device.
2. Unit conversions of Ketosis level detected.
3. Built-in Mouthpiece (replaceable mouthpiece units)
4. Backlit digital LCD Display Screen.
5. Lightweight stylish design and patented product.
6. Detection and Result reporting within quick time.

BATTERY INSTALLATION

1. Open the Battery compartment cover located on the back side of the device.
2. Place 2* (AA) alkaline batteries in the correct positive/negative order
3. Reposition the Battery compartment cover to ensure stability of batteries

INSTRUCTIONS FOR USE OF KETONE BREATH METER

1. Press the power button for two seconds whereby the device will turn on and beep.
2. Three (3) colored lights will appear on the device screen and begin to warm up within 10-30 seconds, then the device ready for testing.
3. Once Warm up is complete, the device will beep and signify the "Blow" instruction.
4. Hold the mouthpiece in your mouth and blow with reasonably strong intensity over a period of 10 seconds. Breathe from the end of your breath (DO NOT take a deep breath beforehand).
5. It is recommended that the user blows for the full 10 seconds so that there is sufficient time for the sensor to detect the ketones within the breath.

READINGS OF KETONE BREATH METER

Once the full "Blow" period has been completed, the device will report the necessary readings by showing "Result" on the screen.

- Breath Acetone Concentration (ppm): 0 ~ 1.9
You are not in ketosis or just right before ketosis.
- Breath Acetone Concentration (ppm): 2.0 ~ 3.9
You are at very early stage of ketosis.
- Breath Acetone Concentration (ppm): 4.0 ~ 9.9
You are in a light status of ketosis.
The body fat is burning at a low pace.
- Breath Acetone Concentration (ppm): 10 ~ 39
You are in the optimum level of ketosis.
This is the stable fat burning zone, the process of fat being used by the body as the main source of energy.

- Breath Acetone Concentration (ppm): 40 ~ 59
Be Caution! You are approaching too much ketosis level.
Adjust your level to under 40ppm.
- Breath Acetone Concentration (ppm): 60 ~ 99
Danger! You are in too high level of ketosis.
Ketoacidosis.



The device is with high sensitivity, so the testing results will be interfered by the following:



In order to accurately analyze and track your testing readings, we strongly recommend testing your ketone levels under the same conditions right after waking up in the morning before consuming anything in fasting status!



- Green light for Successful Ketosis Reading.
- Red light for Unsuccessful Ketosis Reading.
- Amber Light - Low Battery Power.

AUTO POWER OFF

Device readings will display for 15 seconds on the screen and thereafter the device will automatically power down.

MOUTHPIECE REPLACEMENT

It is recommended to replace the mouthpiece every 10-15 uses for hygiene purposes and to avoid mis readings.

BATTERY REPLACEMENT

Once the batteries reach a point of low charge, the amber light will show during readings to signify low power. At this point, replace with 2* new AA Alkaline batteries.

CORRECT USE: ACCURATE REPORTING

1. For the most accurate results, use the device at a fasted state in the morning time.
2. Do not consume alcohol before use of the device.
3. Maintain good levels of hydration for accurate reporting.
4. Blow slowly and at reasonable intensity for the accurate result readings.

KETONE BREATH METER

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KETONE BREATH METER

User Manual

Thank you for purchasing the Ketone Breath Meter.

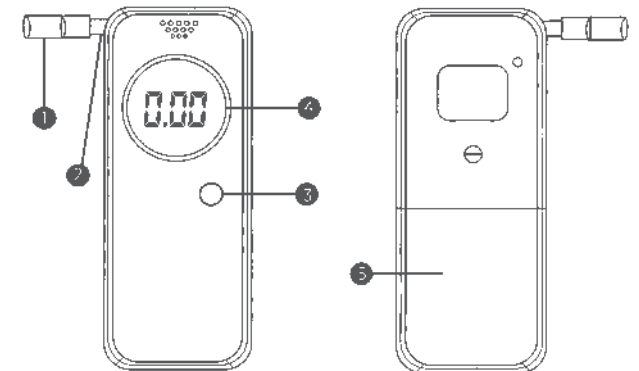
This manual provides important information to help you to use the system properly. Before using this product, please read the following contents thoroughly and carefully.

• How to get an accurate reading?

- a) Please blow immediately within the first 5 seconds when displaying BLOW on the device screen, because the sensor will start analyzing the breath rights after the first 5 seconds BLOW display.
 - b) Please exhaust the residuals completely with the device before your first use.
- HOW?
- Please let the device run 3 times without blowing.

• Kind Reminder

- a) The testing results will be slightly different from the blood meter because of the different analyzing methods.
- b) Please catch the same device to track your own personal Ketosis records, only in this way you can get your own changing status.



- 1 Mouthpiece (replaceable)
- 2 Mouthpiece insert (retractable)
- 3 Power button
- 4 LCD Screen
- 5 Battery Compartment